

Sapporo South District Cycling and Light Mountain Climbing Tour - In Search of Pioneering History



Story

The South District of Sapporo covers about 60% of the total land area of the city. The majority of it consists of forest resources, and as a result the district beautifully harmonizes urban attractions and nature.

Pioneers first settled along the Toyohira River in the late 1700s, and later roads were extended when hot springs were found in the Jozankei area in the late 1800s. The Tsukoya House (later known as the Kuroiwa Residence) was built at Misumai along the old highway (the current National Highway 230) as a resting and lodging place for people and horses traveling from Sapporo to Jozankei and Toya. The House was later granted to the Kuroiwa family to reside in/operate by the government. Today the House is remarkably well-preserved in its original shape, and Mr. Kuroiwa, a descendant of the family and the current manager of this historic landmark, will tell us fascinating stories of local history, culture and life.

When the Winter Olympic Games were held in Sapporo 49 years ago, Makomanai Park was a major venue for competitions. Today in 2021, another Olympic year, we still feel the legacy of Olympic history.

Thanks to the efforts of the Hokkaido Development Commission, Sapporo Nanseki (a kind of tuff) was discovered around Mt. Hakkenzan and the Ishiyama Ryokuchi area. Therefore Sapporo's South District has been developed together with the Nanseki mining industry, and it is along these footpaths stamped by local pioneering history that we will explore.



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Highlights

- Cycling while learning the history of Sapporo South District.
- Trace your cycling route from the summit of Mt. Hakkenzan, where satisfaction, a sense of accomplishment and elevation will maximize your senses.
- Taste Jingiskan, a local specialty originating in the Hokkaido Pioneer Era, as well as freshly harvested fruit.
- Experience frontier history at Ishiyama Ryokuchi, originally a quarry for Sapporo Nanseki.

Location: Hokkaido, Sapporo South District
< Ishiyama Area, Misumai Area, Toyama Area (Hakkenzan Foothills) >

Main Activity: Cycling (Hybrid Bicycle) and Light mountain Climbing

Difficulty: 3

Tour Dates: 11 September 2023

Pax: Minimum 4 Maximum 15

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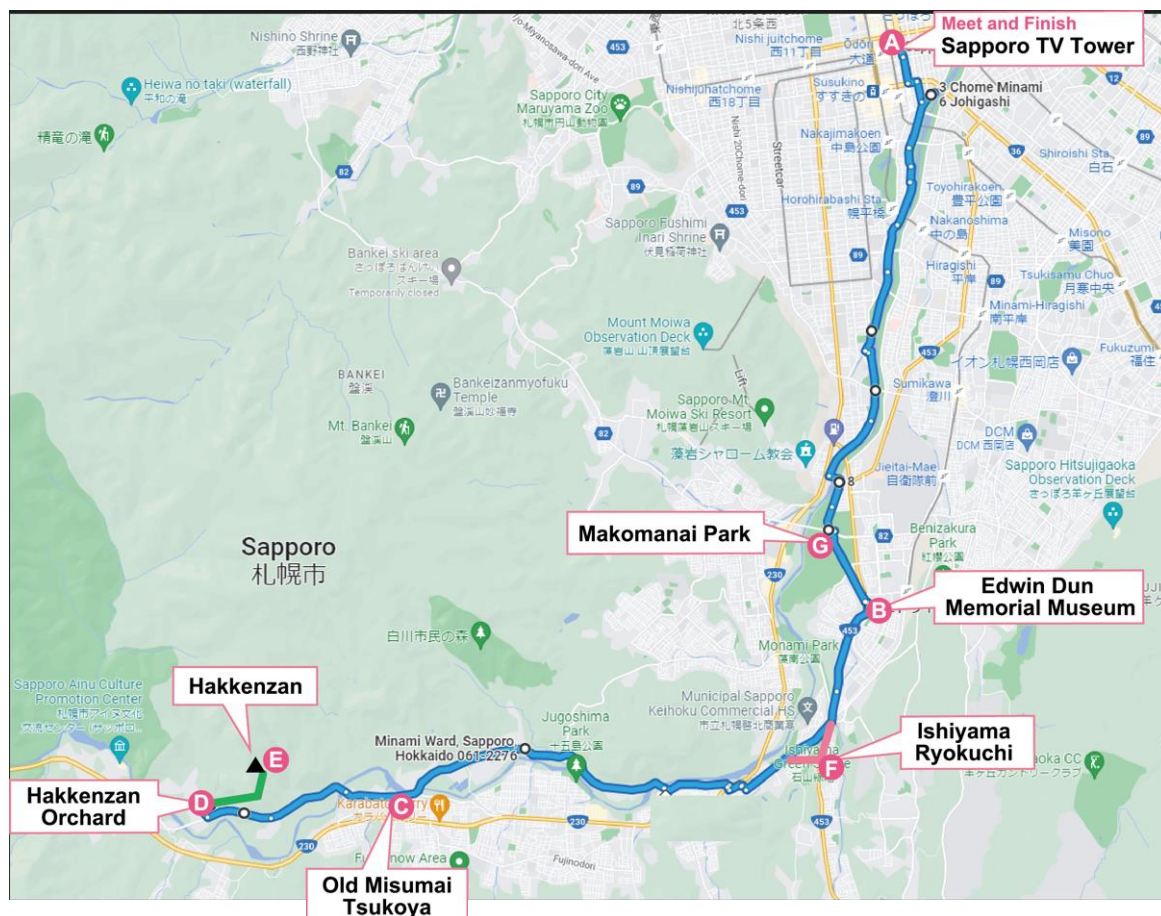
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Route map



Day-by-day Itinerary

Day 1 - Hokkaido, Sapporo South District

Itinerary description

- Bicycle fitting at Nakajima Park. Review your itinerary and traffic rules, and meet the tour staff and other cyclists.
- Start cycling along the riverbed of the Toyohira River, which runs through the center of Sapporo. Visit the Edwin Dun Memorial Hall. Learn about the history of Sapporo and Hokkaido and the Life and Achievements of Dan known as the Father of Hokkaido Dairy Farming.
- Pass through columnar joint formations facing the Toyohira River, and visit Old Misumai Tsukoya and enjoy stories of culture and local history told by Mr. Kuroiwa.
- Known as the Fruits Highway, the roadside of old National Highway 230 is crowded with orchards. Luxuriate in the scents of fruit in the air, and arrive at the foot of Mt. Hakkenzan.
- At an elevation of just 498 meters, Hakkenzan offers a good variety of hiking trails and is very popular with locals. You'll enjoy a great sense of height after only a short climb. The summit consists of rocks without trees and bushes, enabling a wide 360 degree panoramic view. You can easily trace your day's ride from the summit. Choose from three trails to go down, so you can hike a different route on your return.
- After climbing down, walk through the vineyards of a local winery and arrive at Hakkenzan Orchard, where you'll savor a Jingiskan lunch while basking in great views of the mountain summit. How about fruit picking after lunch?
- In the afternoon, visit Ishiyama Ryokuchi, an open-air sculpture park built on an epic scale. Ishiyama Ryokuchi was originally a quarry for Sapporo Nanseki, a molten tuff made of hardened pyroclastic flows from the Shikotsu volcanic eruption of 40,000 years ago. Sapporo Nanseki was used for historic and old residential buildings in the area, allowing you to really learn and feel the history of pioneer days.
- While enjoying views of historic sites along the way, visit Makomanai Park, a main venue for the Sapporo Winter Olympic Games held 49 years ago. Then, cycle back along the Toyohira River to downtown Sapporo, ending your journey to the past.

Lunch

Hakkenzan Orchard (Outdoor Dining): Savor Jingiskan, a popular local specialty of grilled lamb with freshly harvested vegetables, while enjoying wonderful views of Mt. Hakkenzan. For dessert, seasonal fruits (plums in September!) from local orchards are served. Souvenirs are also available.



Day-by-day Itinerary

Activity:

- Cycling Time: 3 hours and 30 minutes
Distance: 52km
Road Condition: Paved
- Hiking Time: 2 hours
Distance: 2 km (on foot)
Elevation: 498m (elevation change 273m)
Condition: Regular hiking trail. Walk on soil (no pavement or boardwalk available). Traverse narrow (3m) paths or rocks.

Difficulty: 3

What's included

- Hybrid Bicycle (rental), Helmet
- Support Vehicle, Guide (for both cycling and hiking)
- Lunch, Water, Energy Snack
- Event Insurance

We provide & What to bring

We provide

- English-language tour brochure, including information on itinerary, attractions, the cycling route and traffic rules
- Hybrid bicycle (rental) and helmet
- Bicycle parts and tools for emergency repairs (carried in the supporting vehicle)
- Medical kit (triangular bandages, gauze, tape, cold patches, adhesive plaster)
- Bear repellent (for hiking)
- Energy supplement snacks (candies, chocolate, glucose products, etc.)
- Water dispenser
- Others (extra rain gear, towels, sunscreen)
- Preventive care items for corona virus protection (face masks, hand sanitizer, etc.)



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What to bring

- Water bottle
- Comfortable clothes (jersey, windbreaker, cycling wear, etc.)
- Comfortable shoes (sneakers, trekking shoes, etc. No sandals, please.)
- Backpack (to carry valuables, as no baskets or panniers will be on your bicycle)
- Sweat towel
- Portable rain gear (windbreaker, etc.)
- Face mask
- Sunscreen

【Optional things to bring】

Sunglasses, Gloves

Hat with brim for sun protection

Trekking poles for hiking (nice to have when climbing down)

* The temperature in Sapporo in mid-September is around 20C. The summit of Mt. Hakkenzan can be chilly.

* There is storage space for your shopping in the supporting vehicle, but you are responsible for the safekeeping of your own valuables.

About us

The company is certified by JATA's Tour Quality Japan Quality Assurance System for Tour Operators. Our mission is to provide the highest quality services to our clients. We specialize in Japan inbound tours focusing on Hokkaido.

- ATTA Members
- Special ATTA Website for B2B <https://www.dmcjapan-knt.com/>



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About us

Guides (English-speaking)

■ About the Cycling Operating Company

Scenic Byway Resource Center

Well experienced in planning, managing and guiding cycling tours in Hokkaido.

SBRC's many websites are an excellent source for updated information and day tours available around Sapporo.

★ sapporocyclelabo.jp

Picnic Ride Sapporo tours by Sapporo Cycle Labo go around the Sapporo suburbs

★ sapporo-adventure.jp

Sapporo Adventure Life introduces numerous active day tours around Sapporo

■ About the Guides and Staff You'll Meet

【Fumihiro Hara】

- Completed advanced first aid training
- JCTA Certified Cycling Tour Guide and JCA Certified Cycling Leader
- Member of the Review Committee promoting Hokkaido Cycle Tourism. Organizer and course guide for the Picnic Ride Tour, TEPPEN-RIDE (North Hokkaido) course guide, Go-Round Hokkaido support guide.

【Yo Ogawa】

- Completed advanced first aid training
- JCTA Certified Cycling Tour Guide and JCA Certified Cycling Leader
- Picnic Ride course guide

【Mike O'Connell】 Gradus Multilingual Service, Inc.

- Completed advanced first aid training
- 10 years of English/Japanese interpreting experience, expert in cycling routes and mountain bike trails (including forest roads) around Sapporo.

■ Mountain Climb

【Bianca Furst】 HAKKENZAN ECO CATERING

- Professional Mt. Hakkenzan mountain guide

【Mao Tomita】 Scenic Byway Resource Center

- Completed advanced first aid training
- JCTA Certified Cycling Tour Guide and JCA Certified Cycling Leader
- TEPPEN-RIDE (North Hokkaido) support vehicle, climbed overseas mountains (four summits with elevations of 5000m to 6000m, three less high), climbed all significant Hokkaido mountains (100 times each, in both summer and winter), covered a total 200 climbing routes



Information and Requirements

Dietary Information

- Lunch: Grilled lamb (Jingiskan) with local vegetables, local wild plants, onions, pumpkin and rice balls
- Beverage: Orchard apple juice, homemade fruit juice ,oolong tea, water
- Dessert: Seasonal fruits (plums in September)
- We will provide participants with details of ingredients, and take into account allergies or other concerns, before preparing meals.
- We can substitute lamb with beef, pork or chicken upon request.

Emergency Response Plan

- Carry and share the tour execution plan manual among all staff
- In case of emergencies and changes of plan due to weather conditions, each staff member will carry a contact list of participants, local police offices, hospitals and fire stations.
- Carry mobile phones for close communication between cycling guides and supporting vehicles (please note vehicles are not allowed in Makomanai Park)
- Cancel cycling and hiking activities in case of inclement weather, issuance of high wind warnings, evacuation advisories, and lighting warnings. In these cases, a substitute bus tour will be offered.

【In Case of Inclement Weather】

Cycling and hiking activities will be suspended in inclement weather, and will be substituted by a private bus tour.

■ Substitute Itinerary

JR Sapporo Station→①Hokkaido Shrine/Hokkaido Kaitaku Shrine→②Edwin Dun Memorial Hall →③Misumai Tsukoya→④Hakkenzan Eco Catering →⑤Hakkenzan Orchard(Lunch) →⑥ Orchard stroll (winery, orchard) →⑦Ishiyama Ryokuchu (from bus window) →JR Sapporo Station North Entrance

Disclaimer

Disclaimer

We are not liable or responsible for any damages or injuries caused by the following actions and/or reasons:

- Willful or gross negligence caused by insurance policy holders, other insured persons and insurance beneficiaries
- Fights, suicides and criminal behavior
- Traffic accidents whether or not drivers are insured, the driving of motorcycles without licenses, driving under the influence of alcohol and/or drugs, whether prescription or illegal
- Brain and other diseases, insanity
- Pregnancy, childbirth, premature birth, abortion
- Surgical operations (except for accidents caused by us)
- Accidents and riots related to wars and revolutions
- Earthquakes, volcanic eruptions, tsunamis, and other Acts of God
- Nuclear contamination caused by nuclear accidents
- Mountain climbing using tools such as ice axes; rock climbing; luge; bobsled; skeleton sports; flying planes; sky diving; hang gliding; riding super-light powered machines such as motor hang gliders, micro light aircraft, and ultra light aircraft.
- Racing, competing, performing and test driving of automobiles, motorcycles, motorboats, etc.
- Whiplash or back pain without independent medical proof.

Partner Companies

- Scenic Byway Resource Center:
Overall planning, data preparation, tour support, guides, rentals
- Gradus Multilingual Service, Inc.: English data preparation
- HAKKENZAN ECO CATERING: Provide information about the history around Mt. Hakkenzan and orchard operations
- North Bicycle Hokkaido: Rental bicycles

Tour Operator / Contact

KINKI NIPPON TOURIST Co., Ltd.

NX Sapporo Bldg., 6F, 2-1, West2, North3, Chuo-ku, Sapporo, Hokkaido 060-0003, Japan



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